



The dimension of threats from the cyber and information domain is multifarious: from economic espionage, to sabotage of critical infrastructures to manipulation of information. Private businesses and public authorities invest large amounts in building up secure IT systems. However, the best systems are only as good as their users. A careless click on a link or attachment can create severe damages. Increasing the cyber awareness of the personnel is therefore a crucial task for every organization.

It is my pleasure to invite you to the

## **Cyber Awareness Train-the-Trainer Pilot Course**

### **25-28 October 2021, Pöcking, Germany**

The course is co-hosted by the German Federal Ministry of Defence and the European Defence Agency (EDA) under the auspices of the European Security and Defence College (ESDC). The aim of this train-the-trainer pilot course is to enhance participants' cyber awareness skills and knowledge and provide them with techniques to improve cyber awareness trainings in their respective organisations.

Participants should be practitioners (civilian or military) performing cyber awareness training within their respective organisation.

The project leads will conduct the TTT Pilot Course at the “unclassified” level. Accordingly, submission of security clearances is not required.

The pilot course is planned to take place in person, while complying with all cautionary measures related to Covid-19. Should there be any changes in the setting, we will inform you in due time.

EU Member States, EU institutions and agencies as well as Switzerland are invited to identify their appropriate candidates. Applications should be submitted by designated nominators using the ESDC's ENLIST platform until 20 September 2021. The nomination will not be final until confirmed by the ESDC Secretariat (Cyber ETEE team) and upon completion of the ENLIST registration form by the nominated participant. For any issue concerning the application, registration or nomination, please contact <https://esdc.europa.eu/nominators> or [ESDC-CYBER-ETEE@eeas.europa.eu](mailto:ESDC-CYBER-ETEE@eeas.europa.eu).

Jens-Olaf Koltermann  
Brigadier General and Chief of Division Cyber/IT I  
German Federal Ministry of Defence



## Administrative Information

### Cyber Awareness Train-the-Trainer Pilot Course

25.– 28. October 2021

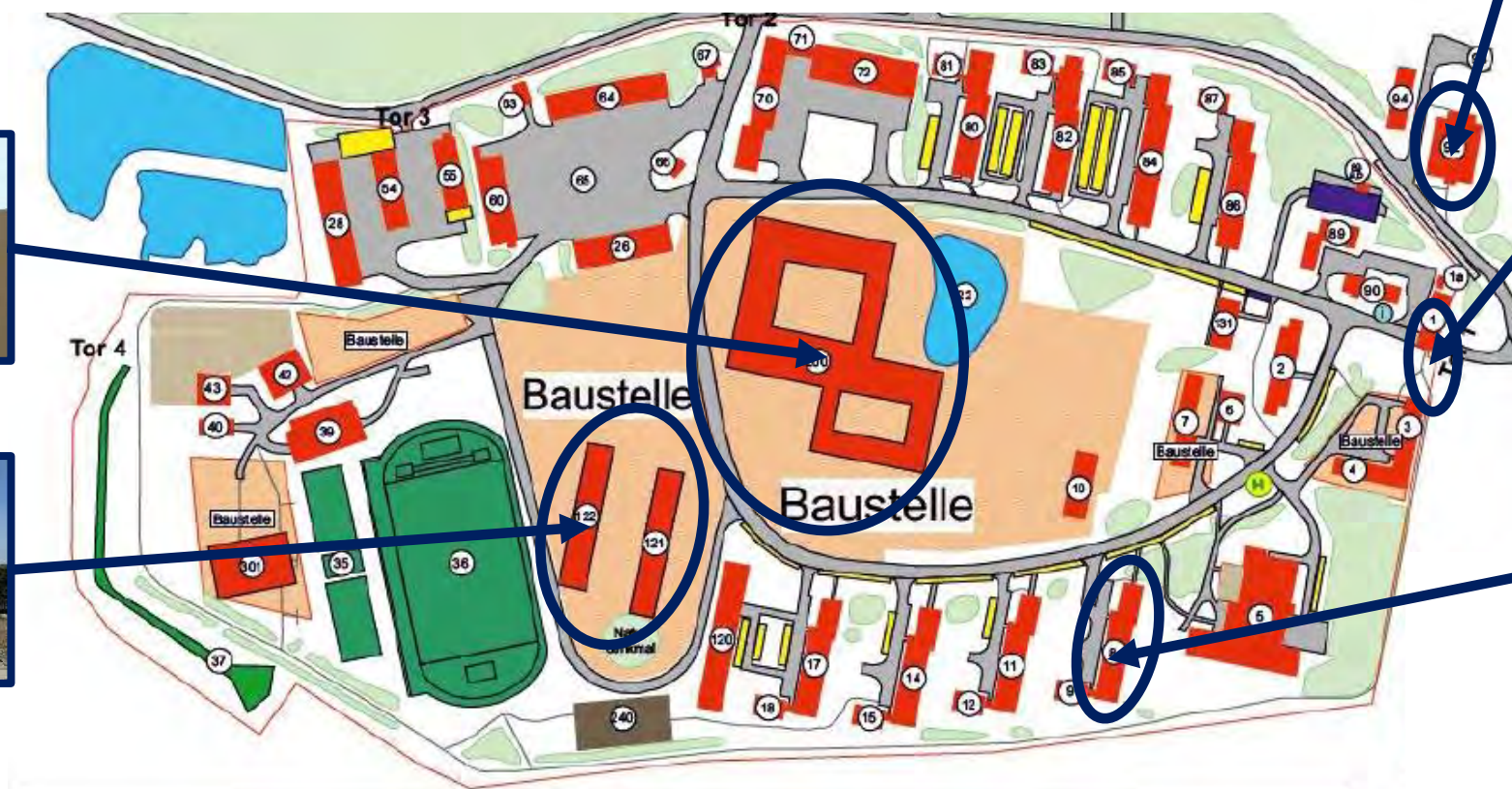
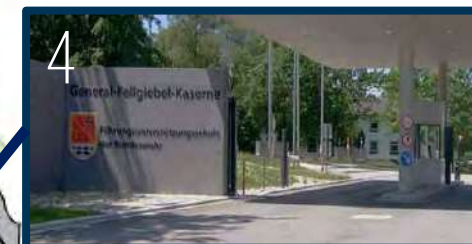
School for Information Technology of the German Armed Forces (ITSBw)  
Pöcking, Germany



**BUNDESWEHR**

# MAP OF THE ITSBW

- 1 Auditorium
- 2 Accommodation (Blocks 121+122)
- 3 Casino Maxhof - Dining Hall
- 4 Main Gate
- 5 **"ZASO"** - Reception, Accommodation Management, Information Desk



# WEEKLY SCHEDULE

	Monday 25.10.2021	Tuesday 26.10.2021	Wednesday 27.10.2021	Thursday 28.10.2021																						
06:30																										
07:00																										
07:30																										
08:00																										
08:30																										
09:00	Shuttle Service (Starnberg Train Station -> ITSBw* Pöcking)	Welcome & tour de table	Ways and methods of delivering awareness	Evaluating and measuring performance	Course/Training/Lectures																					
09:30						Lunch (Casino Maxhof) Group Photo	Lunch (Casino Maxhof)	Cyber awareness tools and resources	Catering																	
10:00										Covid-19 Rapid Test	Covid-19 Rapid Test	Discussion/Feedback/Farewell	Check-In/Check-Out/Transfer													
10:30														How to design and develop a cyber awareness programme	Excursion	Shuttle Service ITSBw* -> Munich Airport Shuttle Service ITSBw* -> Starnberg Train Station	Excursion									
11:00																		Free time	Hoher Peissenberg (Guided Tour)	Andechs Monastery (Historical Lecture and Dinner)						
11:30																					Ice Breaker (Casino Maxhof)	Welcome Address Gen. Simon Commander ITSBw				
12:00																							Check-In (08:30 - 16:30)	Covid-19 Rapid Test		
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21:00					Covid-19 Rapid Test																					

Legend

- Course/Training/Lectures
- Catering
- Check-In/Check-Out/Transfer
- Excursion

\*School for Information  
Technology of the German Armed  
Forces

# EXCURSION – HOHER PEISSENBERG AND ANDECHS MONASTERY

- Bus ride ITSBw to Hoher Peissenberg
- Guided tour on the Hoher Peissenberg, including visit of the meteorological station and pilgrimage church „**Mariä Himmelfahrt**“
- Bus ride Hoher Peissenberg to Andechs Monastery
- Dinner in the **monastery's** own „**Bräustüberl**“
- Lecture on the history of Andechs Monastery
- Bus ride Andechs Monastery to ITSBw



Munich Airport to ITSBw:

<b><u>Step</u></b>	<b><u>From</u></b>	<b><u>To</u></b>	<b><u>With</u></b>	<b><u>Departure from</u></b>	<b><u>Arrival at</u></b>
1	Munich Airport	Laim	S1 direction Leuchtenbergring	Track 1	Track 2
2	Laim	Starnberg	S6 direction Starnberg	Track 1	Track 2
3	Shuttle Service from Starnberg to ITSBw				

Munich Central Station to ITSBw:

<b><u>Step</u></b>	<b><u>From</u></b>	<b><u>To</u></b>	<b><u>With</u></b>	<b><u>Departure from</u></b>	<b><u>Arrival at</u></b>
1	Munich Central Station	Starnberg	S6 direction Tutzing	Track 2	Track 2
2	Shuttle Service from Starnberg to ITSBw				

Please take note that tracks may vary due to construction work or similar unforeseeable events. For the latest information please refer to the MVV Journey Planner under: <https://efa.mvv-muenchen.de/index.html#trip@enquiry>

ITSBw to Munich Airport:

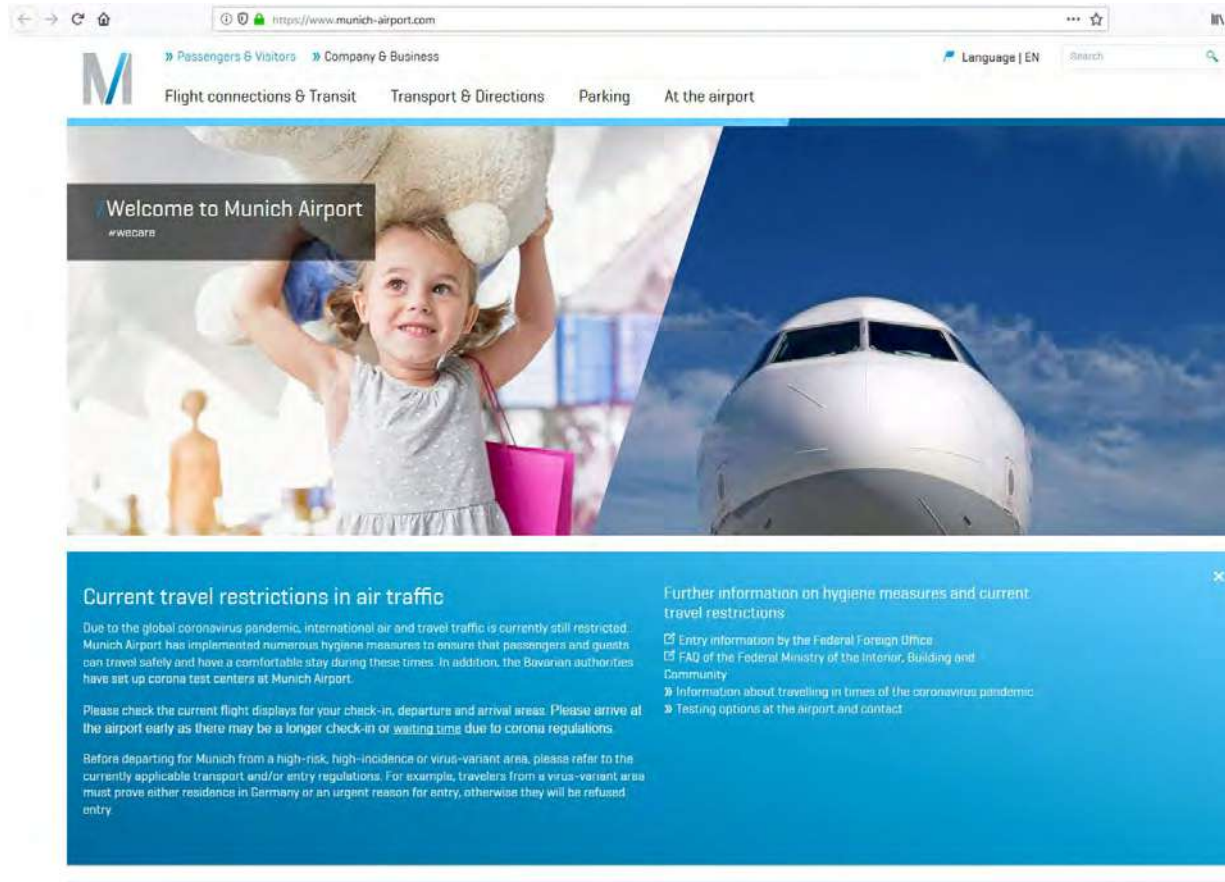
<b><u>Step</u></b>	<b><u>From</u></b>	<b><u>To</u></b>	<b><u>With</u></b>	<b><u>Departure from</u></b>	<b><u>Arrival at</u></b>
1	ITSBw	Shuttle Service from ITSBw to Starnberg			
2	Starnberg	Laim	S6 direction Ebersberg	Track 2	Track 3
3	Laim	Munich Airport	S1 direction Munich Airport	Track 1	Track 1

ITSBw to Munich Central Station:

<b><u>Step</u></b>	<b><u>From</u></b>	<b><u>To</u></b>	<b><u>With</u></b>	<b><u>Departure from</u></b>	<b><u>Arrival at</u></b>
1	Shuttle Service from ITSBw to Starnberg				
2	Starnberg	Munich Central Station	S6 direction Grafing S6 direction Ebersberg	Track 4	Track 1

Please take note that tracks may vary due to construction work or similar unforeseeable events. For the latest information please refer to the MVV Journey Planner under: <https://efa.mvv-muenchen.de/index.html#trip@enquiry>

Munich Airport:



For the latest information please refer to the official website: <https://www.munich-airport.com/>

BUNDESWEHR MEDICAL SERVICE

## PROTECT YOUR FELLOWS AND THEIR DEPENDENTS



### COUGHING ▪ SNEEZING ▪ SPEAKING COVID-19 is mainly transmitted via droplets.

An infection often takes a mild course or even goes without any symptoms.

To contain the further spread of SARS-CoV-2,

Furthermore, observe the following preventive rules of conduct

### WEARING A MEDICAL MOUTH-NOSE PROTECTION OR FFP2 MASK

can act as a barrier and retain droplets.

This simple measure not only protects our fellows from infection, but also their dependents.

- Wash your hands frequently,
- Keep a minimum distance of 1.5 m from each other,
- Observe the coughing and sneezing etiquette.



BUNDESWEHR

### Upon arrival

- Submission of a negative PCR test to the central hosting organization (ZASO) before starting the course. A negative PCR test is also required to enter Germany via plane.

### During the course, participants

- take a rapid covid test before arrival.
- wear FFP2/KN95 masks in closed rooms, stairwells and vehicles or where minimum distance cannot be maintained. Masks can be removed when seated in the lecture hall.
- maintain a minimum distance of 1.5 meters from others.
- avoid shaking hands and body contact.
- wash hands regularly, frequently and carefully.
- use hand disinfectants when it is not possible to wash hands.
- cough and sneez into a handkerchief or the crook of the arm.
- report symptoms of illness to the organizer by telephone (+49 8151 273 5901) and wait for further instructions in their accommodation.

### During the course, the organizer

- provides covid-19 rapid tests (2 tests per person and week).
- assigns training equipment and seats to the same person if possible.
- ventilates closed rooms and vehicles regularly (every 45 minutes).
- equips every classroom with surface cleaning agents, wiping cloths, disinfectants, disposable gloves and hand cream.